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# Curriculum Handbook for Parents

Catholic School Version

2006–2007



Further information can be found at:  
<http://www.education.gov.ab.ca>

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# Curriculum Handbook for Parents

Catholic School Version

2006-2007

This Curriculum Handbook provides parents with information about the Grade 1 curriculum. It includes:

- selected learning outcomes for each subject area from the provincial curriculum
- links to the Alberta Education Web site where more information can be found
- a feedback form.

# Alberta Education

This document, along with most Alberta Education documents, can be found on the Web site at <http://www.education.gov.ab.ca>.

Parent documents referenced in this handbook, along with most Alberta Education documents, are available for purchase from:

Learning Resources Centre  
12360 – 142 Street  
Edmonton, Alberta, Canada, T5L 4X9  
Telephone: 780-427-2767  
Toll free: 310-0000 (inside Alberta)  
Fax: 780-422-9750  
Internet: <http://www.lrc.education.gov.ab.ca>

Telephone numbers of branches referred to in this handbook can be reached, toll free inside Alberta, by dialling 310-0000.

Aboriginal Services Branch  
Telephone: 780-415-9300  
Fax: 780-415-9306  
E-mail: [asb@gov.ab.ca](mailto:asb@gov.ab.ca)

Curriculum Branch  
Telephone: 780-427-2984  
Fax: 780-422-3745  
E-mail: [curric.contact@edc.gov.ab.ca](mailto:curric.contact@edc.gov.ab.ca)

French Language Services Branch  
Telephone: 780-427-2940  
Fax: 780-422-1947  
E-mail: [LSB@edc.gov.ab.ca](mailto:LSB@edc.gov.ab.ca)

Learner Assessment Branch  
Telephone: 780-427-0010  
Fax: 780-422-4200  
E-mail: [assess.contact@edc.gov.ab.ca](mailto:assess.contact@edc.gov.ab.ca)

Learning and Teaching Resources Branch  
Telephone: 780-427-2984  
Fax: 780-422-0576  
E-mail: [curric.contact@edc.gov.ab.ca](mailto:curric.contact@edc.gov.ab.ca)

Learning Technologies Branch  
Telephone: 780-674-5350  
Fax: 780-674-6561  
E-mail: [ltbgeneral@gov.ab.ca](mailto:ltbgeneral@gov.ab.ca)

- For information about LearnAlberta.ca  
Telephone: 780-415-8528  
Fax: 780-422-9157  
E-mail: [LearnAlberta.Contact@edc.gov.ab.ca](mailto:LearnAlberta.Contact@edc.gov.ab.ca)

Special Programs Branch  
Telephone: 780-422-6326  
Fax: 780-422-2039  
E-mail: [SpecialEd@edc.gov.ab.ca](mailto:SpecialEd@edc.gov.ab.ca)

ISSN 1483-1783

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## *Message from the Minister of Education*

Parents play an important role in their children's education by providing the encouragement and support they need to succeed academically. To foster your support, Alberta Education has developed a *Curriculum Handbook for Parents* to help you connect, through your children, to the learning material they will cover this school year.

When parents engage in their children's learning, the benefits are great. Together, you have an understanding of the tasks, challenges and rewards offered through the program of studies. Helping your children do well in school will also prepare them for a successful future, both in school and in life.

The *Curriculum Handbook for Parents* series is a valuable resource and reference guide. I encourage you to treat the handbook as an education lifeline between you and your children. Reach for the handbook when you feel the need to connect with your children on their curriculum challenges, or hit the ground running by previewing their future study goals.

If you have any questions about the content of the handbook, please do not hesitate to contact your children's teacher(s).

I wish you and your family a successful and enjoyable school year.



Gene Zwozdesky  
Minister of Education  
Government House Leader



Dear Parents and Guardians:

On behalf of the Catholic Bishops of Alberta, I wish to express my appreciation to the Government of Alberta and Alberta Education for providing you the updated Kindergarten to Grade 12 Curriculum Handbooks for Parents.

You, parents, are the first and primary educators of your children, especially with regards to education in the faith. By ensuring that the Gospel is truly lived in the context of your family and in the life of our schools and communities you are a powerful witness for your children. The role of the parents is vital in providing the best possible education for our children.

When you enroll your children in a Catholic school you can be assured of our support in your role. I encourage you to work closely with the school by joining your local school councils or parent groups. You can assist young men and women, boys and girls, to understand themselves as moral persons living the way of Christ through the experience and teaching of the Catholic Church. Be a strong voice for the Catholic identity of our schools. In this way, you will share in the central mission of the Church, which is to proclaim Jesus and his Gospel in the world today and, in so doing, hand on our faith to our children.

We commend Alberta Education for providing these updated Curriculum Handbooks for Parents. They provide a comprehensive presentation of the content and expectations of the Religious Education program approved by the Canadian Conference of Catholic Bishops.

May their use be a source of growth in faith, hope and love in all of our communities throughout Alberta.

Sincerely Yours in Christ,

*\* Thomas Collins*

\*Thomas Collins  
Archbishop of Edmonton  
President, Alberta Conference of Catholic Bishops

## ► Information for Parents

Web site links for further information are provided throughout the handbook.

### Introduction

Students learn in a variety of environments—in their homes, schools and communities. Parents, teachers and community members form a partnership to assist this learning.

When parents know what children are studying at school, they can provide better home support for their children's learning. The *Curriculum Handbooks for Parents* are designed to assist parents in participating in their child's education by fostering an understanding of what students learn at each grade level.

### Learning in Alberta

Schools provide students with a broad educational program that helps them:

- develop knowledge, skills and attitudes in a variety of subject areas
- demonstrate critical and creative thinking skills in problem solving and decision making
- demonstrate competence in using information technologies
- know how to learn and work independently and as part of a team
- develop desirable personal characteristics and the ability to make ethical decisions
- demonstrate initiative, leadership, flexibility and persistence
- realize the need for lifelong learning.

Schools also prepare students to make positive contributions to society through communities, the workplace and/or post-secondary studies.

Within the context of Catholic schools, the curriculum in all of its aspects—content, the teaching process, and the total school environment—reflect the values of faith, hope, charity, forgiveness and justice as found in the gospels and the message of Jesus Christ as understood by the Catholic Church.

Teachers make a number of decisions when planning for classroom instruction. Within any group of students, there is a range of individual differences. Teachers use the learning outcomes of the provincial curriculum to meet the needs and interests of their students and to make connections across subject areas. They choose resources, equipment and materials to help students achieve the learning outcomes. Teaching methods and schedules vary from school to school and from class to class to meet the diverse learning needs of students.

In Catholic schools, there are many opportunities for integrating gospel values and nurturing the presence of God in our midst within the curriculum. Teachers will determine where religious education and Church teaching can be integrated with other subjects.

Alberta Education assists teachers by reviewing and selecting the best possible resources, such as textbooks, videotapes and computer software, for all subject areas. Authorization of resources by Alberta Education indicates that the resources meet high standards and can help students achieve the learning outcomes. Teachers can choose other resources, as long as they follow school board policy.

<http://www.lrc.education.gov.ab.ca>

Authorized resources are available for purchase from the Learning Resources Centre (LRC).

## Helping Your Child at Home

Here are some important pointers for you to help your child learn.

- Be positive and encouraging in your approach to learning. It will help your child feel confident and enthusiastic about success.
- Talk to your child about schoolwork and help with homework when you can.
- Help your child set realistic goals and discuss progress in an encouraging way.
- Connect your child's schoolwork with everyday life and use these opportunities for problem solving in everyday situations.
- Keep in touch with teachers about your child's progress, including successes and achievements, not just concerns.

The following resources may help you. Check your child's school for availability.

This resource is available for purchase from the Learning Resources Centre (LRC). Order online at <http://www.lrc.education.gov.ab.ca>

<http://www.education.gov.ab.ca/parents/mathprbk.pdf>

<http://www.learnalberta.ca>

<http://www.2learn.ca/>

<http://www.ahsca.ab.ca>

<http://www.education.gov.ab.ca/educationsystem/schoolcouncils.asp>

- *The Parent Advantage: Helping Children Become More Successful Learners at Home and School, Grades 1–9*—Strategies parents can use to help their child improve organizational, reading, writing, spelling, mathematical, test taking and project skills at the grades 1–9 levels.
- *Working Together in Mathematics Education*—Ways parents can support student learning in mathematics.
- *LearnAlberta.ca* Web site—Online multimedia learning resources that directly relate to the Alberta programs of study.
- *TELUS 2Learn* Web site – An education/business partnership that provides Internet in-service, support and information for Alberta teachers, students and parents.

## School Councils

Schools, parents and communities all play an important advisory role in education. School councils are designed to give parents, senior high school students, teachers and other community members meaningful involvement in decisions that impact student learning. Each school council determines its own level of involvement, depending on local needs. Parents can get more information on how to get involved by contacting their school or the Alberta Home and School Councils' Association (AHSCA).

A new *School Council Resource Manual* is scheduled to be available in the 2006–2007 school year.

## School Fees and Fundraising

[http://www.asba.ab.ca/services\\_for\\_boards/policy\\_advisories\\_fund.html](http://www.asba.ab.ca/services_for_boards/policy_advisories_fund.html)

Decisions regarding school fees and fundraising are made by the local board or by the school principal in consultation with the school council within policy guidelines established by the school board. In September 2000, the Alberta School Boards Association (ASBA) developed and provided guidelines to school boards to assist boards in establishing appropriate local policy.

## School Fees

[http://www.asba.ab.ca/services\\_for\\_boards/policy\\_advisories\\_fees.html](http://www.asba.ab.ca/services_for_boards/policy_advisories_fees.html)

The *School Act* allows for certain fees to be collected for alternative programs, transportation, or supplies and materials provided for the student's personal use or consumption; this may include such things as calculators, locker rentals, student planners and computer diskettes. The fees charged are on a cost recovery basis. Caution fees should be refunded at the end of the year if the item is returned in good condition.

The ASBA school fee advisory recognizes that fees should be waived for those who cannot afford them, and that no student should be prohibited from participating.

## Fundraising

Parents are not to fundraise for core items such as textbooks. Some fundraising is allowable for things like athletic uniforms, field trips and other extras that staff and parents want for their schools. Participation in fundraising activities should be voluntary. No student should be excluded from an event or program because the parents could not contribute.

## School Choice

Choice is one of the important principles of Alberta's education system. When it comes to selecting a school, parents and students can choose from a wide range of options. They can select from public schools, Catholic schools, Francophone schools, private schools and charter schools. They can also access a number of unique and innovative programs—including online schools. Parents can also opt to home school their children.

## ► Information about Curriculum

Alberta has one of the best education systems in the world. One of the many reasons is a centralized, high quality curriculum that outlines what students are expected to learn and be able to do in all subjects and grades. Alberta's curriculum is designed to help students achieve their individual potential and create a positive future for themselves, their families and their communities.

### Accessing Information

Parents can access information about the curriculum and learning resources in a number of ways:

- Contact teachers or school administrators.
- **Curriculum Handbooks** contain selected outcomes for each subject area from the Alberta programs of study. They provide a more detailed picture of each year. This Curriculum Handbook is one of a set from Kindergarten to senior high school produced in general and Catholic versions and in French. They are available on the Alberta Education Web site or for purchase from the LRC.
- **Curriculum Summaries** for each grade level provide a brief overview of each year. The summaries are available on the Alberta Education Web site.
- In Alberta, the provincial curriculum is organized into **Programs of Study**. They contain learning outcomes for each subject area from Kindergarten to Grade 12. They are legal documents that outline why the educational program is offered, what students are expected to learn and the basic principles about how students are to achieve the required knowledge, skills and attitudes. School authorities use the **Programs of Study** to ensure that students meet provincial standards of achievement. However, they have flexibility to decide how to teach the curriculum and the order in which it is taught. They are available on the Alberta Education Web site or for purchase from the LRC.

[http://www.education.gov.ab.ca/k\\_12/curriculum/parent.asp](http://www.education.gov.ab.ca/k_12/curriculum/parent.asp)

[http://www.education.gov.ab.ca/k\\_12/curriculum/parent.asp](http://www.education.gov.ab.ca/k_12/curriculum/parent.asp)

[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/)

<http://www.education.gov.ab.ca/lldb>

- The Authorized Resources Database on the Alberta Education Web site lists **Alberta authorized student and teacher resources**, most of which are available for purchase from the LRC.
- The **Alberta Education Web site** contains information on learning from the early years to adulthood.

## Curriculum Content— Deciding What Students Should Learn

The Alberta curriculum strives to:

- reflect the essential knowledge, skills and attitudes that Alberta students need to be well prepared for future learning and the world of work
- anticipate and plan for the needs of the future by considering the changes and developments in society such as trends in employment, globalization and advances in technology
- incorporate values of good citizenship and respect for different languages and cultures
- consider students' needs and abilities—intellectual, social, emotional and physical—at different ages and stages of growth
- ensure that each grade provides a foundation of knowledge for successful learning in subsequent years
- incorporate new discoveries and theories that are generally accepted by experts in subject areas
- develop skills that are necessary for success in learning a subject
- consider new research on proven teaching methods and how students learn best
- reflect the most appropriate level at which the skills are to be acquired
- integrate how the study of a subject contributes to student personal growth and development
- accommodate learning in different environments
- consider various ways of delivering a program to students, including new technologies and use of community resources such as distance learning and workplace learning.

## Curriculum Development— Who Is Involved in the Process?

Alberta Education takes a lead role in developing and revising provincial curriculum. However, many others, including teachers, principals, parents, education experts, post-secondary institutions, elders and community members, play a vital role in the process. Input from various stakeholders ensures that curriculum continually meets the needs of students and that there are smooth transitions from grade to grade, to post-secondary education and the world of work.

## Ensuring Curriculum Is Current

Curriculum must provide students with the knowledge and skills needed for the present and future. It is reviewed regularly and changes are made to keep it current and relevant. Curriculum revisions occur only after extensive consultations with education stakeholders.

## Planning Curriculum Changes

Alberta Education plans curriculum changes well in advance to minimize any impact on schools, teachers and students. This ensures that school authorities have sufficient time to prepare for the changes and purchase any needed resources.

## Revising Curriculum

If it is determined through the regular review process that there is a need to make minor or major revisions to a subject area in the curriculum, education stakeholders play a major role in the process. Alberta Education conducts initial consultations and prepares a draft *Program of Studies* for that subject area. The draft is shared with a wide variety of education stakeholders through advisory committees, online feedback forms, conferences and presentations to teacher specialist councils. Teachers play a vital role in the process. They use their practical knowledge about a subject and about students' needs at specific age levels to provide input and feedback during the process.

## Implementing Curriculum

The draft *Program of Studies*, developed in consultation with education stakeholders, is referred to the Minister of Education for approval. Schools may have the opportunity to pilot the program for one year prior to full provincial implementation. This transition year gives schools time to prepare for the new curriculum. When a curriculum is implemented province-wide, all schools must teach the new curriculum. Alberta Education, in partnership with superintendents, boards, teachers, principals, parents and students, shares roles and responsibilities in the effective implementation of a new curriculum.

Alberta Education supports school authorities by producing teacher resources that provide ideas for lesson planning, instructional strategies and student assessment. Also, it provides orientation for school authority leaders and lead teachers about curriculum changes and shares updates at professional conferences and in-services.

<http://www.arpdc.ab.ca>

Professional development funds are provided to six Alberta Regional Professional Development Consortia. Each Regional Consortium organizes and provides activities to respond to in-service needs identified locally. This may include information and orientation sessions related to curriculum revisions.

<http://www.lrc.education.gov.ab.ca>

Alberta Education also provides funding to help schools purchase learning and teaching resources through the Learning Resources Centre. These resources are designed specifically to support the provincial curriculum.

## ► Aboriginal Education

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[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/aborigin/default.asp](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/aborigin/default.asp)

Aboriginal peoples throughout the province have indicated they want their children to complete regular school requirements and achieve the same standards as set for all students in Alberta. Alberta Education shares this goal with parents.

The term “Aboriginal” refers to First Nations, Métis and Inuit. To support the learning of Aboriginal students, schools are encouraged to use learning resources that promote Aboriginal perspectives. All students in Alberta should understand and be aware of Aboriginal history, culture, lifestyles and heritage. The First Nations, Métis and Inuit (FNMI) initiative works to infuse Aboriginal perspectives into the existing Kindergarten to Grade 12 programs of study. The First Nations, Métis and Inuit (FNMI) Education Policy Framework (2002) provides further information on this initiative. Student and teacher resources have been developed by Alberta Education to support the inclusion (or infusion) of Aboriginal content in teaching and learning.

Both provincially and locally authorized Blackfoot and Cree language and culture courses are offered in the province.

[http://www.education.gov.ab.ca/k\\_12/curriculum/aboriginalparenthandbook.pdf](http://www.education.gov.ab.ca/k_12/curriculum/aboriginalparenthandbook.pdf)

*A Handbook for Aboriginal Parents of Children with Special Needs* provides information to assist Aboriginal parents in working with schools to meet the special education needs of their children. This resource is available for purchase from the LRC.

<http://www.lrc.education.gov.ab.ca>

*Our Treasured Children* is a videotape that complements *A Handbook for Aboriginal Parents of Children with Special Needs*. It highlights intergenerational stories from members of the Aboriginal community. The videotape is available for purchase from the LRC.

## ► Daily Physical Activity

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School authorities shall ensure that all students in grades 1 to 9 are physically active for a minimum of 30 minutes daily through activities that are organized by the school. Daily Physical Activity (DPA) is based on the belief that healthy students are better able to learn and that school communities provide supportive environments for students to develop positive habits needed for a healthy, active lifestyle.

Schools have the responsibility of creating and nurturing a learning environment for students that supports the development of the lifelong habit for daily physical activity and for healthy lifestyles. The daily physical activities offered in your school should:

- vary in form and intensity
- take into account each student's ability
- consider resources available within the school and the larger community
- allow for student choice.

Parents can assist implementation of DPA and enhance the health benefits received by students through a supportive home environment; e.g., encouraging your child to be active every day, walk your child to school or facilitate a walking school bus program at school.

<http://www.paguide.com>

For further information and ways to increase physical activity at home, visit the Public Health Agency of Canada's Web site.

## ► Personal and Career Development

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Preparing for life and work is a complex process that begins in the early years of schooling and continues throughout our lives. Alberta schools are taking an active role—along with parents and the community—in helping students move successfully from basic education to further studies and the workplace.

In the elementary grades, students explore their personal interests and values, and learn about different roles and career areas. They also begin to develop life skills, such as cooperating with others and being reliable.

Personal and career development activities and outcomes are integrated into elementary courses and programs. In particular, the elementary health program focuses specifically on these topics.

## ► Supports for Learning

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Students have individual learning needs. Schools, supported by Alberta Education, provide a variety of programs and services to meet the individual needs of students.

### English as a Second Language

[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/ESL/default.asp](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/ESL/default.asp)

Many children born in Canada have a first language other than English and many students move here from non-English speaking countries. Schools provide additional assistance for English as a Second Language (ESL) students in grades 1 to 12. This helps them acquire sufficient fluency in English so they can function in the regular classroom as quickly as possible.

## Special Needs

[http://www.education.gov.ab.ca/k\\_12/specialneeds/](http://www.education.gov.ab.ca/k_12/specialneeds/)

The *School Act* specifies that school boards are responsible for determining if a student is in need of a special education program. Students with special education needs, including those with mild, moderate and severe disabilities, and those who are gifted and talented, require specialized learning opportunities in order to receive an education that is consistent with their identified learning needs. School boards must provide special education programming for all children with special education needs.

If you feel your child has learning difficulties, you should talk to the classroom teacher to share knowledge about your child that could assist in determining the cause of these difficulties and in deciding if there are specific teaching and learning strategies that might improve your child's learning. School staff can use a number of informal ways to identify learning needs. If it is apparent that school-based strategies are not enough, the teacher, in consultation with parents, will make a referral for a specialized assessment. Your child's teacher or the school principal will have information on the assessment procedures for your area.

Students with special education needs may require changes to: instruction, assessment strategies, materials and resources, classroom environment, equipment and/or the regular curriculum. In addition, some students may require referral to specialized health-care services.

For more information on a Review by the Minister, contact the Disputes Management Team Leader at 780-427-7235 or see Policy 3.5.1-Review by the Minister  
<http://www.education.gov.ab.ca/education/policy/pol-plan/polregs/351.asp>.

Most students with special education needs are placed in regular classrooms in their neighbourhood or local schools and are provided with programming and supports and services to meet their individual needs throughout the school day. There are a range of programming options possible—different students need different kinds of support. Deciding on the educational programming for an individual student is a collaborative process and, in most instances, parents and school staff agree on appropriate placements. If there is a disagreement, parents can appeal a decision at the district level. The school principal can provide information on the appeal procedure in your district. If parents do not agree with the decision of an appeal to the school board they may write to the Minister of Education and ask for a review of a board decision.

All students with identified special education needs require an individualized program plan (IPP). An IPP is a plan of action with measurable goals. It identifies your child's specific strengths, needs and current level of performance. The IPP also explains what your child will be learning and how he or she will be learning. The IPP is a flexible tool that is updated regularly. Parents, school staff and the student need to work together as a learning team to ensure that the IPP is implemented.

The following resources provide additional information.

<http://www.education.gov.ab.ca/educationguide/spec-ed/partners>

[http://www.education.gov.ab.ca/k\\_12/specialneeds/specialed\\_stds2004.pdf](http://www.education.gov.ab.ca/k_12/specialneeds/specialed_stds2004.pdf)

[http://www.education.gov.ab.ca/k\\_12/curriculum/resources/TheJourney/journey.asp](http://www.education.gov.ab.ca/k_12/curriculum/resources/TheJourney/journey.asp)

The *Handbook for Aboriginal Parents of Children with Special Needs* and *Our Treasured Children* videotape are available for purchase from the Learning Resources Centre (LRC). Order online at <http://www.lrc.education.gov.ab.ca/>.

- *The Learning Team: A Handbook for Parents of Children with Special Needs* (2003) – Information for parents of children with special needs.
- *Standards for Special Education* (Amended June 2004) – Information on the requirements for school boards regarding delivery of education programs and services to students with special needs in grades 1-12.
- *The Journey: A Handbook for Parents of Children Who Are Gifted and Talented* (2004) – Information and strategies for nurturing your child's learning and emotional well-being at home, in school and in the community.
- *A Handbook for Aboriginal Parents of Children with Special Needs* (2000) – Information for Aboriginal parents about rights and responsibilities regarding the education of their children with special needs.
- *Our Treasured Children* is a videotape that complements *A Handbook for Aboriginal Parents of Children with Special Needs*. It highlights intergenerational stories from members of the Aboriginal community. The videotape is available for purchase from the LRC.

## Distance and Online Learning

Alberta Education designs and develops a variety of print and electronic learning resources to support distance learning, online delivery and regular classroom programs through the use of modern technologies.

Distance learning resources are provincially authorized resources that support educational program delivery in Alberta. For a listing of all distance learning resources available for purchase or study, visit the LTB Resources Available Web page.

For information about purchasing distance learning materials, contact the LRC.

<http://www.education.gov.ab.ca/ltb/>

<http://www.education.gov.ab.ca/ltb/400/crslist.html>

<http://www.lrc.education.gov.ab.ca>

## Digital Resources to Support Curriculum Outcomes

<http://www.learnalberta.ca>

LearnAlberta.ca is a Web site that provides quality online resources to the Kindergarten to Grade 12 community in Alberta. It is a safe, reliable and innovative collection of learning resources developed by Alberta Education in consultation with stakeholders. Students, teachers and parents can access multimedia learning resources here that are based on Alberta Education curriculum guidelines. A featured resource is the Online Reference Centre, a collection of multimedia encyclopedias in French and English. These reference materials include newspapers, magazines, books, maps, pictures, videos and transcripts suitable for all grades and subject areas.

User ID's and passwords are available from school principals or by e-mailing: [LearnAlberta.Contact@edc.gov.ab.ca](mailto:LearnAlberta.Contact@edc.gov.ab.ca).

## ► Assessment

### Assessing Student Achievement

[http://www.education.gov.ab.ca/k\\_12/testing/](http://www.education.gov.ab.ca/k_12/testing/)

In the classroom, a teacher uses a variety of means to assess students' learning throughout the school year. These assessments are based on the instruction being provided, in order to inform the teacher's planning from day to day. Classroom assessment may serve a diagnostic purpose, indicating students' strengths and weaknesses in specific skill areas. At other times classroom assessment may be formative, indicating how well students have achieved in a unit of study or how well they have achieved to a particular point in the course. At the end of a school year, a teacher also assesses how well the students have achieved the expected learning outcomes in the curriculum for that grade. This type of assessment is designed primarily for reporting purposes. All these classroom assessments are integral to instruction.

## ● GRADE



In Grade 1, students study required subject areas. Optional subject areas may be available at the local school. Students have access to 950 hours of instruction during a school year.

## Overview

In Catholic schools, students participate in a Religious Education Program that is authorized by the Bishop of the local diocese.

The Grade 1 Alberta program of studies for each subject area sets out general outcomes or topics that provide an overview of the important learnings students accomplish. Specific outcomes are included for each general outcome or topic and state in detail the knowledge, skills and attitudes students are working towards achieving.

This handbook contains:

- the general outcomes or topics for each subject area
- selected specific outcomes for most subject areas.

The programs of study, which include all the general and specific outcomes, are available on the Alberta Education Web site or from the LRC.

### GRADE 1: REQUIRED SUBJECT AREAS

- English Language Arts
- Mathematics
- Science
- Social Studies
- Physical Education
- Health and Life Skills
- Art and Music

Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

### GRADE 1: OPTIONAL SUBJECT AREAS

- Drama
- Languages\*

\* Students in bilingual programs take English language arts as well as language arts in the target language. Students in French immersion programs may take English language arts. English language arts for these students is mandatory in Grade 3.

### New Courses for 2006–2007 School Year:

- Chinese Language Arts (Kindergarten to Grade 9)

## ► Religious Education

Religious education is an essential and integral part of the life and culture of a Catholic school. Through it, students are invited to develop the knowledge, beliefs, skills, values and attitudes needed to build a relationship with God and community through the person of Jesus Christ. Religious education shares the same goals and objectives set forth for all good education, that is, the growth and development of the whole person in all his or her dimensions—physical, intellectual, emotional, social and spiritual.

*Religious education has four essential characteristics.*

It is **Trinitarian**. It recognizes God as the creator of all things who gives us Jesus. It is Jesus who reveals God to us, and in turn reveals God's Spirit, through whom we understand our faith.

It is based on **Sacred Scripture** through which we hear the mystery of God revealed, the call to be in relationship with God and each other, and we learn how to pray.

It is based on the **life experience** of the students through which they are invited to discern signs of God in their daily lives.

It is presented within the tradition of the **Catholic faith community** which, based on Church teachings, sacramental and liturgical life, provides students with experiences of faith, prayer, love and justice.

With an awareness of the uniqueness of each student and a recognition that religious development takes place through a process of stages and within a community, it is expected that program presentation will vary from place to place to meet the diverse learning and religious formation needs of all students.

The Religious Education Program for elementary and junior high schools is authorized by the Bishop of the local diocese. Some school districts have developed supplementary resources and adapted the program to better meet local needs.

The Grade 1 Religious Education Program invites students to explore their belonging to God who is introduced as Father, Son and Holy Spirit. The students study what it means to belong to the tradition, faith and community of God's people—the Church.

They are introduced to the Bible—God’s written word—which identifies Jesus of Nazareth as the witness of God who shows us the way to God.

*Students explore these themes through the study of 10 units:*

**Unit 1**  
**Welcome! You belong.**

In experiencing and celebrating belonging, the students identify with their friends and together discover that they belong to God and the Christian community. Each person is valued as belonging to God’s family.

**Unit 2**  
**Jesus welcomes us.**

The students reflect on Jesus as someone who loves children, tells us that we are his friends and experience him as a wonderful storyteller.

**Unit 3**  
**We hear the story of God through Jesus.**

The students explore the Bible as the treasured story of God which binds us together in the Christian family. They are invited to reflect on God through Jesus’ story of the Good Shepherd, and see Jesus teach us how to pray. They visit our community church.

**Unit 4**  
**God dwells among us.**

The students are invited into the season of Advent with a sense of waiting and discover how God chose Mary to give us Jesus. They listen to the story of the Annunciation, learn the ‘Hail Mary’ and celebrate Advent.

**Unit 5**  
**I’ll always be with you.**

In the stories of Christmas and Epiphany, the students explore how close God is to us and how God cares for each of us and for all of creation. They are invited to reflect on Jesus as our light and life.

**Unit 6**  
**Hallowed be your name.**

The students are invited to reflect that God calls each of us by name, and we call God by name. They look to Jesus who shows us how to talk to God and learn the ‘Our Father’.

## **Unit 7**

### **Your will be done.**

The students are invited to reflect on a meal as an experience of belonging where we share food, stories and ourselves. They see that Jesus shared meals with his friends and that he included everyone. They explore Lent as a time to live like Jesus and so prepare for Easter.

## **Unit 8**

### **We belong to God's family.**

The students discuss how Jesus invites us to become more loving, and that it is difficult to love sometimes. They consider that in trying to love fully they will need to receive and give forgiveness. They learn the 'sign of the cross' which shows we belong and reminds us of Jesus' love for all people.

## **Unit 9**

### **The Holy Spirit gathers us into God's circle of friends.**

The students are invited to reflect on Easter as the celebration of the Resurrection of Jesus and his new life. They consider that through baptism we share in the life of Jesus and celebrate our belonging to the family of God.

## **Unit 10**

### **We are born of the Spirit.**

The students explore how the Holy Spirit is the life of God within us, and how through baptism we belong to one another and to God. They discuss how together we praise and thank God as part of the Christian family, the Church.

The school, through the Religious Education Program, complements parents in their role as primary and principal educators of their children. Home and family play a vitally important role in the faith development of children. Within the family, seeds of faith are planted. Family relationships and daily experiences are major factors in shaping a child's values, attitudes and Catholic identity. Regular religious practice and the application of classroom learning to daily life are critical parts of religious formation.

Prayer is an integral part of the Religious Education Program and of each school day since intimacy with God is the ultimate goal of Catechesis. Respecting the individual differences of children and our changing human needs, prayer is experienced in many different ways: silent reflection, guided imagery, scriptural prayer, song and formal community prayer. As we enter into prayer we give praise and thanks for God's loving presence, and call upon the Spirit to guide, nourish and empower our lives through Jesus Christ.

Teaching the sacraments occurs within the Religious Education Program. Sacraments celebrate the presence of Christ in our lives. They are effective signs that make God's grace present to us in love, healing and the transformation of our lives. Eucharist and Reconciliation are an essential part of each child's religious formation and a necessary grounding for a mature faith. As with many basic themes, Eucharist and Reconciliation are introduced in Grade 1, but continue to be deepened and intensified in each year thereafter. Children who have not yet celebrated First Communion or First Reconciliation are always welcome to contact their parish to begin their immediate preparation for the sacraments.

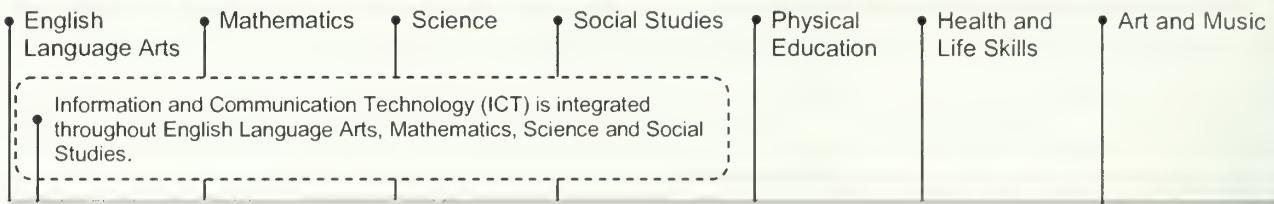
The Religious Education Program interprets for the students what the Catechism of the Catholic Church teaches about our faith in a manner appropriate to the age and development of the students. Not everything in the Catechism is incorporated because, as the Catechism itself points out, what is taught must be adapted to the "differences of culture, age, spiritual maturity, and social and ecclesial conditions among all those to whom it is addressed" (#24). Specific excerpts are quoted at the end of each theme for the teacher to help root the contents and activities of the theme in Church tradition.

The Religious Education Program is structured around the Church liturgical year. This enables students to live and express faith in an integrated way at school, at home and in the parish community.



The required subject areas are the foundation of the elementary program.

## GRADE 1: REQUIRED SUBJECT AREAS



### English Language Arts

View the English language arts subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/english/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/english/)

There are two basic aims of English language arts. One aim is to encourage, in students, an understanding and appreciation of the significance and artistry of literature. A second aim is to enable each student to understand and appreciate language and to use it confidently and competently for a variety of purposes, with a variety of audiences and in a variety of situations for communication, personal satisfaction and learning.

From Kindergarten to Grade 12, students are developing knowledge, skills and attitudes in six language arts: Listening and Speaking; Reading and Writing; Viewing and Representing. Students learn to compose, comprehend and respond to oral, print and other media texts. They experience a variety of texts from many cultural traditions.

In a Catholic school, students are invited to consider how the knowledge, skills and values studied within the language arts curriculum are integrated with other subject areas, including religious education, and reflect the Catholic identity of the school.

**The following learning outcomes are selected from the Grade 1 English Language Arts Program of Studies.**

#### Explore thoughts, ideas, feelings and experiences

- talk with others about something recently learned
- choose to read and write for and with others
- listen and respond appropriately to experiences and feelings shared by others
- group ideas and information into categories determined by an adult

**Comprehend and respond personally and critically to oral, print and other media texts**

- use knowledge of context, pictures, letters, words, sentences, predictable patterns and rhymes in a variety of oral, print and other media texts to construct and confirm meaning
- use a variety of strategies, such as making predictions, rereading and reading on
- use phonic knowledge and skills to read unfamiliar words in context
- retell interesting or important aspects of oral, print and other media texts
- know that stories have beginnings, middles and endings
- write, represent and tell brief narratives about own ideas and experiences

**Manage ideas and information**

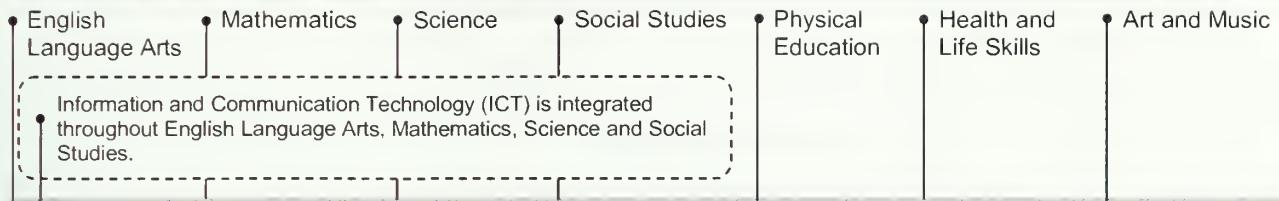
- explore and share own ideas on topics of discussion and study
- ask and answer questions to satisfy information needs on a specific topic
- use questions to find specific information in oral, print and other media texts
- represent and explain key facts and ideas in own words
- answer questions directly related to texts
- represent and explain key facts and ideas in own words

**Enhance the clarity and artistry of communication**

- rephrase by adding or deleting words, ideas or information to make better sense
- print letters legibly from left to right, using lines on a page as a guide
- explore and use the keyboard to produce text
- write simple statements, demonstrating awareness of capital letters and periods
- use phonic knowledge and skills and visual memory to attempt spelling of words needed for writing
- present ideas and information to a familiar audience, and respond to questions
- add such details as labels, captions and pictures to oral, print and other media texts
- be attentive and show interest during listening or viewing activities

**Respect, support and collaborate with others**

- talk about other times, places and people after exploring oral, print and other media texts from various communities
- use appropriate words, phrases and sentences to ask questions, to seek and give assistance, and to take turns
- work in partnerships and groups
- ask questions and contribute ideas related to class investigations on topics of interest

**GRADE 1: [REQUIRED SUBJECT AREAS]****Mathematics**

View the mathematics subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/math/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/math/)

The aim of the mathematics program is to prepare students to:

- use mathematics confidently to solve problems
- communicate and reason mathematically
- appreciate and value mathematics
- commit themselves to lifelong learning
- become mathematically literate adults, using mathematics to contribute to society.

Students are expected to learn how to:

- communicate mathematically
- connect mathematical ideas to everyday experiences and to other subject areas
- use estimation and mental mathematics where appropriate
- relate and apply new mathematical knowledge to problem solving
- reason and justify their thinking
- use appropriate technologies as a tool to solve problems
- use visualization to assist in solving problems, processing information and making connections.

**The following learning outcomes are selected from the Grade 1 Mathematics Program of Studies.**

**Number**

- recognize and apply whole numbers from 0 to 100, and explore halves, in familiar settings
- apply informal methods of addition and subtraction on whole numbers where the maximum sum is 18

### **Patterns and Relations**

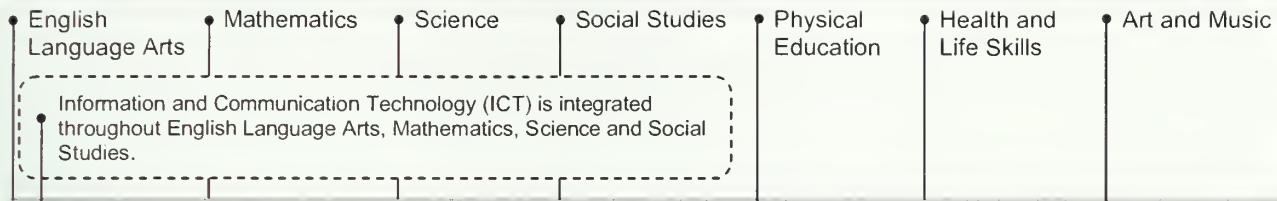
- identify, create and compare patterns arising from daily experiences in the classroom

### **Shape and Space**

- estimate, measure and compare, using whole numbers and nonstandard units of measure
- explore and classify 3-D objects and 2-D shapes, according to their properties
- describe, orally, the relative position of 3-D objects and 2-D shapes

### **Statistics and Probability**

- collect, organize and describe, with guidance, data based on first-hand information
- describe concepts of chance and chance events, using ordinary vocabulary

**GRADE 1: REQUIRED SUBJECT AREAS****Science**

View the science subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/science/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/science/)

View science digital resources on the LearnAlberta.ca Web site at  
<http://www.learnalberta.ca>

The aim of the science program is to encourage and stimulate children's learning by nurturing their sense of wonderment, by developing skill and confidence in investigating their surroundings, and by building a foundation of experience and understanding upon which later learning can be based. In elementary science, students develop their skills of inquiry and problem solving. They are also developing positive attitudes toward the study of science and the application of science in responsible ways.

In a Catholic school, students are invited to consider how issues of stewardship, morals, ethics and Catholic teaching can be integrated appropriately into the science curriculum.

**The following learning outcomes are selected from the Grade 1 Science Program of Studies.**

**Creating Colour**

- learn to distinguish and describe colours, and work with a variety of materials to create, modify and apply colours
- learn that different materials have particular properties, and that the properties and interactions of materials have to be taken into account when they are used for a specific purpose

### **Seasonal Changes**

- learn about interactions among different parts of the environment, and the recurrence of change as part of a cycle
- describe seasonal changes, and interpret the effects of seasonal changes on living things

### **Building Things**

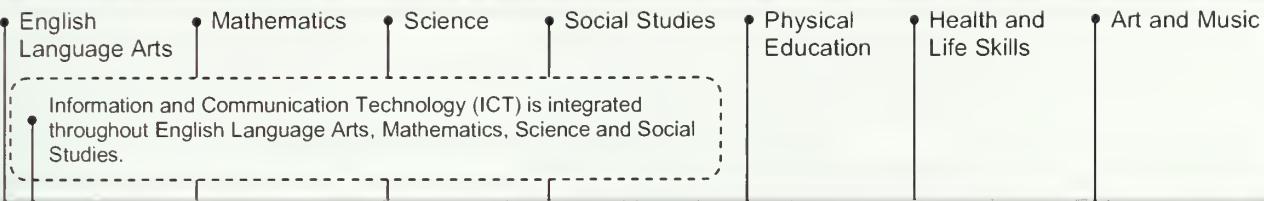
- select materials to use, and gain experience as they cut and shape, fold, pile materials on top of one another, join parts, and try different techniques to achieve the result that they intend
- learn to look at objects that are similar to what they are trying to construct and, with guidance, begin to recognize the component parts that make up the whole

### **Senses**

- learn about the function of their senses and how they are cared for
- learn how senses could be damaged and how one's ability to sense things may differ from those of other people and other living things
- learn to sharpen the use of their senses and describe as accurately as possible the information that their senses provide

### **Needs of Animals and Plants**

- develop skills for describing and classifying what they see
- explore how living things survive, what they need and how their needs are met
- become aware that groups of living things have some common needs, and that different animals and plants meet those needs in different ways
- learn about their own responsibility in caring for living things
- describe some common living things, and identify needs of those living things

**GRADE 1 REQUIRED SUBJECT AREAS****OPTIONAL SUBJECT AREAS****Social Studies**

View the social studies subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/social/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/social/)

In September 2005, a new Grade 1 social studies program was implemented in Alberta. The aim of the new social studies program is to promote a sense of belonging and acceptance in students as they engage in active and responsible citizenship. At the heart of Alberta's new social studies program are concepts of citizenship and identity in the Canadian context. It also includes multiple perspectives, including Aboriginal and Francophone, that contribute to Canada's identity. The new program also has a greater focus on Canadian and Alberta history.

Through inquiry into their social, physical, cultural and linguistic environments, Grade 1 students will see themselves as part of the larger world. They will have opportunities to share their personal stories and explore traditions and symbols that are reflected in their groups or communities. They will enhance their understanding of the diverse needs of others and how they can contribute as individuals to the well-being of the groups to which they belong. Students will explore roles and responsibilities they have as citizens in schools, groups and their own communities. They will be encouraged to care for the natural environment and to show concern for other people in their relationships, groups and communities.

Grade 1 students will be given opportunities to further develop self-esteem by examining their own identity in relationship to groups and communities. Learning about the well-being, growth and vitality of the diverse groups to which they belong will help to build the foundations of active and responsible citizenship.

In a Catholic school, students are invited to consider how issues of social justice, the contribution of the Church to community (locally and globally), and Church teaching can be integrated appropriately into the social studies curriculum.

**The following learning outcomes are selected from the Grade 1 Social Studies Program of Studies.**

### ***My World: Home, School and Community***

Students will demonstrate an understanding and appreciation of how identity and self-esteem are enhanced by their sense of belonging in their world and how active members in a community contribute to the well-being, growth and vitality of their groups and communities.

#### ***Values and Attitudes***

**value self and others as unique individuals in relation to their world:**

- appreciate how belonging to groups and communities enriches an individual's identity (I)
- appreciate multiple points of view, languages, cultures and experiences within their groups and communities (C, CC)
- demonstrate respect for their individual rights and the rights of others (C, I)
- recognize and respect how the needs of others may be different from their own (C)

**value the groups and communities to which they belong:**

- demonstrate a willingness to share and cooperate with others (C, PADM)
- appreciate how their actions might affect other people and how the actions of others might affect them (C)
- demonstrate a willingness to resolve issues and/or problems peacefully (C, PADM)
- assume responsibility for their individual choices and actions (CC, I)

#### ***Knowledge and Understanding***

**examine how they belong and are connected to their world by exploring and reflecting upon the following questions for inquiry:**

- What different types of communities or groups do you belong to? (CC)

C Citizenship

ER Economics and Resources  
CC Culture and Community

LPP

PADM

The Land: Places and People

Power, Authority and Decision Making

I Identity

GC Global Connections

TCC Time, Continuity and Change

- What helps us to recognize different groups or communities (e.g., landmarks, symbols, colours, logos, clothing)? (CC)
- In what ways do we belong to more than one group or community at the same time? (CC, I)
- In what ways do we benefit from belonging to groups and communities? (C, CC, I)
- What are our responsibilities and rights at home, at school, in groups and in communities? (C, CC, I)

**determine what makes their communities thrive by exploring and reflecting upon the following questions for inquiry:**

- In what ways do people cooperate in order to live together peacefully? (C, I)
- How do groups make decisions? (PADM)
- In what ways do people help one another at home, at school and in groups to ensure the vitality of their community? (C)
- How do our actions and decisions contribute to the well-being of groups and communities? (C, I, PADM)
- How does caring for the natural environment contribute to the well-being of our community? (C, LPP)

**distinguish geographic features in their own community from other communities by exploring and reflecting upon the following questions for inquiry:**

- What are some familiar landmarks and places in my community? (CC, TCC)
- Why are these landmarks and places significant features of the community? (CC, I, TCC)
- What are some differences between rural and urban communities? (CC, LPP)
- Where is my community on a map or on a globe? (LPP)

### **Moving Forward with the Past: My Family, My History and My Community**

Students will demonstrate an understanding and appreciation of how changes over time have affected their families and influenced how their families and communities are today.

C Citizenship

ER Economics and Resources  
CC Culture and Community

LPP The Land: Places and People  
PADM Power, Authority and Decision Making

I Identity

GC Global Connections  
TCC Time, Continuity and Change

### **Values and Attitudes**

**appreciate how stories and events of the past connect their families and communities to the present:**

- recognize how their families and communities might have been different in the past than they are today (CC, TCC)
- appreciate how the languages, traditions, celebrations and stories of their families, groups and communities contribute to their sense of identity and belonging (CC, I, TCC)
- recognize how their ancestors contribute to their sense of identity within their family and communities (TCC, I)
- appreciate people who have contributed to their communities over time (CC, I, TCC)
- recognize how diverse Aboriginal and Francophone communities are integral to Canada's character (CC, I)
- acknowledge and respect symbols of heritage and traditions in their family and communities (CC, I, TCC)

### **Knowledge and Understanding**

**analyze how their families and communities in the present are influenced by events or people of the past by exploring and reflecting upon the following questions for inquiry:**

- How have changes affected my family over time (e.g., births, deaths, moves)? (CC, TCC)
- What is my family's past in our community? (CC, I, TCC)
- In what ways has my community changed over time (e.g., original inhabitants, ancestors, generations, ways of life)? (CC, TCC)
- How have changes over time affected their families and communities in the present? (I, TCC)
- In what ways have Aboriginal, Francophone and diverse cultural groups contributed to the origins and evolution of their communities over time? (CC, I, TCC)
- What connections do we have to the Aboriginal, Francophone and diverse cultures found in our communities? (CC, I, TCC)
- What are some examples of traditions, celebrations and stories that started in the past and continue today in their families and communities? (CC, I, TCC)

C	Citizenship	I	Identity
ER	Economics and Resources	LPP	The Land: Places and People
CC	Culture and Community	PADM	Power, Authority and Decision Making

GC	Global Connections
TCC	Time, Continuity and Change

**GRADE 1: REQUIRED SUBJECT AREAS****STUDY TIME**

- English Language Arts
- Mathematics
- Science
- Social Studies
- Physical Education
- Health and Life Skills
- Art and Music

Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

**Information and Communication Technology (ICT)**

View the information and communication technology subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/ict/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/ict/)

Students learn how to use and apply a variety of information and communication technologies; the nature of technology and the importance of technology in daily life. ICT is learned most effectively in the context of subject areas such as language arts, mathematics, science and social studies. The ICT curriculum is not intended to be taught as a stand-alone course but rather to be infused within the teaching of other programs of study.

**The ICT Program of Studies is organized by division. The following is a sample of the Division 1 learning outcomes that students are expected to meet by the end of Grade 3.**

**Communicating, Inquiring, Decision Making and Problem Solving**

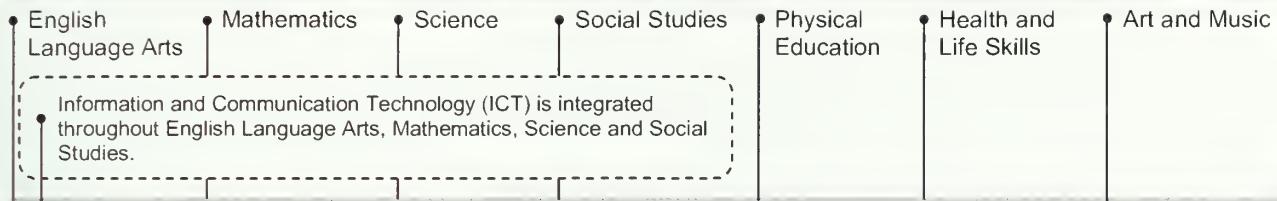
- access and retrieve appropriate information from electronic sources for a specific inquiry
- process information from more than one source to retell what has been discovered

**Foundational Operations, Knowledge and Concepts**

- identify technologies used in everyday life
- demonstrate courtesy and follow classroom procedures when making appropriate use of technology

### Processes for Productivity

- create original text, using word processing software, to communicate and demonstrate understanding of forms and techniques
- edit complete sentences, using such features of word processing as cut, copy and paste

**GRADE 1: REQUIRED SUBJECT AREAS**

## Physical Education

View the physical education subject page at

[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/physed/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/physed/)

The aim of the K-12 physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. Students participate in a variety of physical activities: dance, games, types of gymnastics, individual activities and activities in alternative environments, such as aquatics and outdoor pursuits. All learning outcomes are to be met through physical activity as a means of fostering a desire in students to participate in lifelong physical activity.

Within Catholic schools, some of the values integrated into the Physical Education program include recognizing the dignity of each person as evident in their unique gifts and talents, community building, cooperation and shared responsibility, respect and care for the body.

**The following learning outcomes are selected from the Grade 1 Physical Education Program of Studies.**

### Activities

#### Basic Skills

- perform locomotor and nonlocomotor skills through a variety of activities

#### Application of Basic Skills

- demonstrate the basic skills in a variety of environments; e.g., tarmac activities
- perform simple movements by using elements of effort and space to respond to a variety of stimuli; e.g., music
- demonstrate body and space awareness when performing space awareness games

## **Benefits Health**

### **Functional Fitness**

- identify healthy nutritional habits
- demonstrate ways to improve personal growth in physical abilities

### **Body Image**

- recognize personal abilities while participating in physical activity

### **Well-being**

- describe how physical activities makes you feel

## **Cooperation**

### **Communication**

- develop and demonstrate respectful communication skills appropriate to context

### **Fair Play**

- identify and demonstrate etiquette and fair play

### **Leadership**

- experience different roles in a variety of physical activities

### **Teamwork**

- display a willingness to play cooperatively with others in large and small groups

## **Do It Daily ... for Life!**

### **Effort**

- show a willingness to participate regularly in short periods of activity with frequent rest intervals
- demonstrate effort while participating in various activities

### Safety

- show a willingness to listen to directions and simple explanations
- move safely and sensitively through all environments; e.g., space awareness activities

### Goal Setting/Personal Challenge

- participate in a class activity with a group goal; e.g., walk a predetermined distance

### Active Living in the Community

- identify and experience safe places to play in the community
- make decisions to be active

## Exemptions from Physical Education

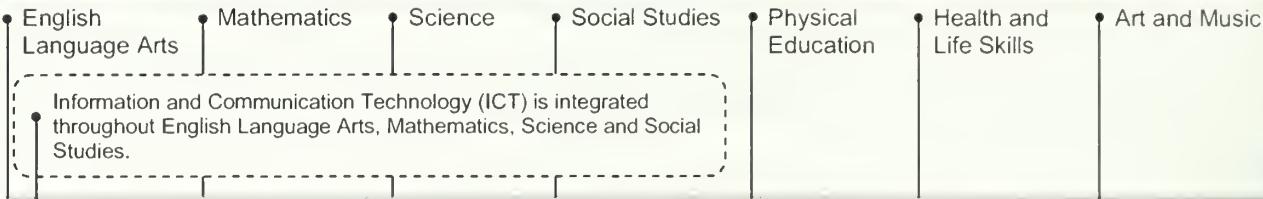
Exemptions from participation in physical education may be given for medical conditions, when accompanied by a medical certificate from a doctor to the principal; for religious beliefs, when accompanied by a statement in writing from the parent to the principal; and where access to facilities is prohibitive. When exemption is granted, activities consistent with the program outcomes should be substituted, where appropriate.

## Physical Education Online

[http://www.education.gov.ab.ca/physical\\_educationonline](http://www.education.gov.ab.ca/physical_educationonline)

The Physical Education Online Web site provides a wealth of information to support student learning of the K–12 physical education program of studies. The site is organized into three major sections:

- Program of Studies—The general outcomes and grade specific outcomes for K–12.
- Teacher Resources—Links to authorized resources, the Guide to Implementation, teaching tools, and activities and lessons that address the outcomes for the K–12 physical education program.
- Home Education—This portion is designed for parents and teachers to use with students who may be enrolled in an online or home education physical education course.

**GRADE 1 REQUIRED SUBJECT AREAS****Health and Life Skills**

View the health and life skills subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/healthpls/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/healthpls/)

The aim of the health and life skills program is to enable students to make well-informed, healthy choices and to develop behaviours that contribute to the well-being of self and others. A comprehensive health program involves a partnership among home, school and community.

In a Catholic school, learning outcomes are addressed within the context of the teachings of the Catholic Church. The local boards of many Catholic school jurisdictions have approved supplementary resources and adapted the curriculum to better meet the needs of their students, their families and their faith communities.

**The following learning outcomes from the Health and Life Skills Program of Studies are taught from a Catholic viewpoint and perspective.**

**Wellness Choices****Personal Health/Safety and Responsibility**

- make responsible and informed choices to maintain health and to promote safety for self and others. God gives us the gifts of life and health; we are called to care for and respect these precious gifts

## **Relationship Choices**

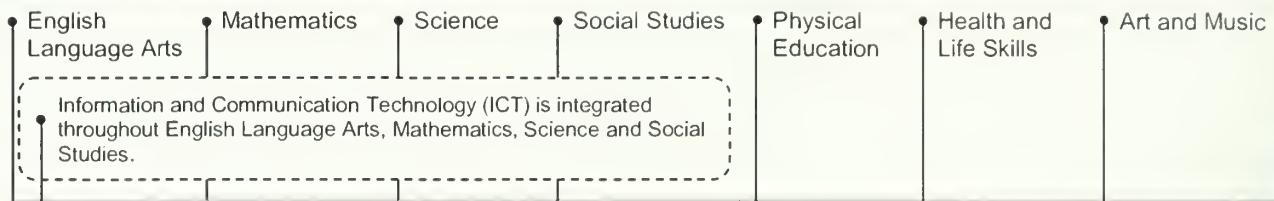
### **Understanding and Expressing Feelings/Interactions/Group Roles and Processes**

- develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions. The glory of God is in fully alive people who revere the dignity that all persons share by virtue of being created in God's image and likeness

## **Life Learning Choices**

### **Learning Strategies/Life Roles and Career Development/Volunteerism**

- use resources effectively to manage and explore life roles and career opportunities and challenges. Our Christian vocation is to use our gifts, talents and the resources available to us in building God's reign of peace and love by serving others

**GRADE 1: REQUIRED SUBJECT AREAS****Art and Music**

View the fine arts subject page at  
[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/finearts/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/finearts/)

Through art and music, students develop self-awareness and express their creativity in many ways. They respond personally and critically to a variety of art and music styles and forms.

In a Catholic school, students are invited to consider how the knowledge, skills and values studied within the fine arts curriculum can be used to understand the religious dimensions of art, liturgy, music and history. They are also used directly to enhance the religious and spiritual culture of the school, and to celebrate the various liturgical feasts of the year.

**Art**

The aim of the art program is to enable students to learn visual arts skills and concepts, to interpret and communicate with visual symbols, to appreciate the cultural aspects of art, and to relate art to everyday life. The art curriculum has four major components: reflection, depiction, composition and expression.

**The following learning outcomes are selected from the Grade 1 Art Program of Studies.**

- notice that natural objects or forms have common features
- assess the use or function of objects
- develop decorative styles
- add finishing touches to their creations
- decorate items personally created
- use media and techniques with an emphasis on exploring and applying methods in drawing, painting, print making, sculpture, fabric arts, photography and computer graphics

## Music

The aim of the music program is for students to develop an enjoyment of music, an understanding of a variety of music styles and an insight into music through a variety of musical activities. The music program is developed around the concepts of rhythm, melody, harmony, form and expression. These concepts are learned through participating in six skill areas: listening, moving, singing, playing instruments, reading and writing, and creating.

**The following learning outcomes are selected from the Grade 1 Music Program of Studies.**

- understand that music may move to a steady beat
- understand that sounds may be high or low
- understand that music may express our feelings
- distinguish environmental sounds (school, home, weather, animals, machines)
- follow a story told by music
- perform simple action songs and singing games
- experience singing alone and in a group
- play a steady beat, using rhythm instruments
- echo rhythm patterns
- respond to simple instrumental scores on large charts
- use suitable sound effects for poems and songs



The range of optional subject areas offered by elementary schools varies from school to school depending on such factors as student and parent preferences, facilities and staffing.

## GRADE 1: OPTIONAL SUBJECT AREAS

• Drama

• Languages

### Drama

View the drama subject page at  
[http://www.education.gov.ab.ca/k\\_12/  
curriculum/bySubject/finearts/](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/finearts/)

The aim of the drama program is for students to develop a positive self-concept by assuming other roles and acquiring dramatic skills. Play, dramatic play and structured dramatic play are the foundation for dramatic forms of expression. These include dramatic movement, mime, choral speech, storytelling, dramatization, puppetry, choric drama, readers' theatre, story theatre, playmaking and group drama.

Drama may be taught as a separate subject area or integrated with other subjects.

**GRADE 1: OPTIONAL SUBJECT AREA****FOUNDATIONAL SUBJECT**

• Drama

• Languages

**Languages**

[http://www.education.gov.ab.ca  
/languages/ToolKit.asp](http://www.education.gov.ab.ca/languages/ToolKit.asp)

A variety of courses in languages are available throughout Alberta. These courses include Aboriginal languages, French and International languages.

Alberta Education offers numerous provincially developed language courses. As well, school authorities have developed and implemented a range of locally developed language courses.

**Aboriginal Languages****Blackfoot and Cree Language and Culture**

[http://www.education.gov.ab.ca/k\\_12/  
curriculum/bySubject/aborigin](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/aborigin)

Blackfoot and Cree language and culture programs are designed to enable students to learn Aboriginal languages and to increase awareness of Aboriginal cultures.

**The following learning outcomes are selected from the Blackfoot and Cree Language and Culture Programs of Study.**

**Blackfoot**

- acquire basic communication skills in the Blackfoot language
- develop cultural sensitivity, and enhance personal development
- develop a desire to extend or improve proficiency in the Blackfoot language

**Cree**

- use Cree in a variety of community and school situations and for a variety of purposes
- know and use various strategies to maximize the effectiveness of learning and communication

- live *wâw tiuahk* (peacefully) with Mother Earth, others and themselves, guided by *Mâmawi Ohtâwîmâw* (the Creator)
- be effective, competent and comfortable as Cree speakers (*Okiskinanawakanak k uiht uehiya wewak*)

## French

### French Immersion Program

<http://www.education.gov.ab.ca/quicklinks/seclang.asp>

In Alberta, many students have the opportunity to study in a French immersion program. This program, designed for non-French speaking students, offers an effective way for students to become functionally fluent in French while achieving all of the learning outcomes of the regular programs of study. Graduates from French immersion programs achieve a level of fluency in the target language that allows them to pursue their post-secondary studies in French or to accept employment in a workplace where French is the main language of communication.

There are many delivery models for French immersion present in Alberta schools.

- Early immersion—students begin their immersion experience in Kindergarten and continue in the program to Grade 12.
- Late immersion—the entry point is typically Grade 7.

Courses offered in the French language have as their basis a French version of the English language programs of study, which is identical or comparable to the one used in the English language programs. However, a program of studies specific to French immersion students was developed for the learning/teaching of French language arts. Some of the main French language arts learning outcomes are presented in the following section, French Language Arts.

A resource that may be helpful to parents is *Yes, You Can Help! Information and Inspiration for French Immersion Parents*. It is available for purchase from the LRC.

### French Language Arts

[http://www.education.gov.ab.ca/French/FLA/abrege/IMM\\_1.pdf](http://www.education.gov.ab.ca/French/FLA/abrege/IMM_1.pdf)

In Division 1, the French language arts program of studies is primarily intended to develop oral vocabulary and basic syntax that will enable students to engage actively in classroom activities. By first learning orally the basics of the French language, especially vocabulary, students are able to learn how to read since the words they encounter in their reading will now have meaning. They will also have acquired words and basic sentence structures to express themselves in writing.

**Note:** The development of basic language skills does not take place in isolated exercises, but rather in context, so that students learn not only the rules but also when and how to apply them.

In Grade 1, learning occurs primarily:

**In oral comprehension** through:

- listening to short, illustrated texts in various subject areas.

Students will learn to use basic listening strategies and develop a cooperative attitude toward the speaker so that they benefit from each listening situation.

**In reading comprehension:**

Teachers will select, for their students, short texts and stories of approximately **50 to 85** words:

- whose content is related to their past experiences and prior knowledge
- that provide concrete, familiar information.

**In oral production:**

In a learning situation, themes for discussion and presentations may be selected from various subject areas. Students should have had the opportunity to explore topic-related vocabulary in various contexts. The proposed situations should enable students to demonstrate what they already know or what they have learned about a given topic, or to represent their imaginary world.

Student presentations and discussions should be short and well structured, with emphasis on:

- the meaning of the message
- the correct use of vocabulary related to the topic or to the representation of their imaginary world
- listening skills in an interactive situation.

**In writing:**

In **Grade 1**, the process of learning to write takes place in three stages, with the first two stages involving systematic work.

Students first learn to correctly **reproduce** a message with meaning. They then learn to **construct** sentences and short texts based on models in order to become familiar with the written language. Finally, they **write** sentences for the purpose of providing information and short texts to represent their imaginary world.

The main purpose of these learning activities is to enable students to integrate the basic elements of the written language through:

- the choice of words to express their ideas
- word order in a sentence
- punctuation
- spelling.

## International Languages

### Bilingual Programs

[http://www.education.gov.ab.ca/k\\_12/curriculum/bySubject/languages/default.asp](http://www.education.gov.ab.ca/k_12/curriculum/bySubject/languages/default.asp)

Students in a bilingual program follow a **language arts** course in the target language (e.g., Spanish, Ukrainian) in addition to studying English language arts. In these programs, the target language is also used as the language of instruction in other subject areas, such as mathematics, science and social studies.

Students acquire knowledge, skills and attitudes in the areas of listening, speaking, reading, writing, viewing and representing. They learn to use the target language confidently and competently in a variety of situations for communication, personal satisfaction and further learning. They are able to explore, understand and appreciate the cultures of the target language for personal growth and satisfaction, and to participate in and contribute to an interdependent and multicultural global society.

Alberta Education offers the following provincial courses for bilingual program students:

- Chinese (Mandarin) Language Arts
- German Language Arts
- Spanish Language Arts
- Ukrainian Language Arts

### Language and Culture Programs

Students registered in a **language and culture** course study the target language (e.g., Ukrainian, German) as a subject area. The language and culture program is designed to develop language and cultural skills.

Students will:

- use the international language in a variety of situations for a variety of purposes
- use the international language effectively and competently
- acquire the knowledge, skills and attitudes to become effective global citizens
- know and use strategies to maximize the effectiveness of learning and communication.

Italian Language and Culture (Twelve-year Program) is the only provincial language and culture course sequence that begins at Grade 1 and extends through to Grade 12.

### **Locally Developed Language Programs**

Many school boards have developed their own programs. Locally developed international language programs include: Arabic, American Sign Language (ASL), Hebrew, Polish and Russian. These locally developed courses are developed based on local needs and demands, and may not always be available.

For more information on second language instruction offered in your area, please contact your local school board.



## Feedback Form

### Curriculum Handbook for Parents 2006–2007: Grade 1 Catholic School Version

Please indicate whether you are a:

Parent       Teacher       School Administrator       District Administrator       Other (please specify) \_\_\_\_\_

Please indicate whether you used:

a print copy       the online format       both

Please respond to the following by placing a check mark under **Strongly Disagree**, **Disagree**, **Agree** or **Strongly Agree**.

	Strongly Disagree	Disagree	Agree	Strongly Agree
1. The handbook provides useful information.				
2. The amount of information is appropriate.				
3. The reading level is appropriate.				
4. The layout and organization are user-friendly.				
5. The links to the Alberta Education Web site are helpful.				
6. Downloading and printing is easy.				

How can this handbook be made more helpful to parents?

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*Thank you for your feedback.*

*Please send your response to:*

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